



## Hey Parents!

We have a family lesson that goes along with Harborside's Sunday message. Don't forget to check that out to bring your whole family into deeper conversation about what we're learning as a church family!

Find it on our **Harborside Kids at Home** website under "Sermon Follow Alongs"

## Hey Friends!

**This series we are talking about friendship with God. The Bible talks a lot about how God wants to be our friend, one of our very best friends. Do you remember some ways we've learned we can grow in friendship with God?**

(allow time for responses)

**Let's go over some!**

- I Can Believe God
- I Hear God's Good News
- I Can Celebrate Jesus
- I Can Get Quiet
- I Can Read God's Word
- I Can Open Up My Heart

**Can you play any instruments or sing?** (allow kids to respond)

**No way! Did you know that playing instruments and singing are some ways we can worship God? Worship is anything we do to show God we love Him. And that's what we need to know today.**

**Let me hear you say this after me:** (pause to allow kids to repeat)

**I Can** (thumbs to chest)

**Worship** (wave both arms up high)

**God** (both hands point up)

## BIBLE STORY

Supplies:

[BIBLE STORY CARDS](#)

**SAY: When we read the Bible, we learn that Jesus and His disciples worshipped God by singing songs to Him.**

**As I read the story, every time you hear me say "God" I want everyone to shout "Hallelujah!"**

- Show and read the Bible Story Cards to the group
- Every time you read the word "God", pause to let the kids shout "Hallelujah!" and praise God.

You can also watch the Bible story video here:

[BIBLE STORY VIDEO](#)



## MEMORY VERSE

**God,** (both hands point up)  
**You are my God.** ( thumbs to chest)  
**I want to follow You.”** (pretend to pray)

**Psalm 63:1**  
(make book with hands)

## MAKING MUSIC

Supplies: plastic eggs, jingle bells, washi tape, sharpie marker

**You can worship God when you are at home, church, or anywhere you go! We're going to make something that will help you worship God.**

1. Use the Leader Guide to help kids create an instrument using the following: plastic eggs, jingles bells, washi tape, and a sharpie marker
2. If you don't have these items on hand try something similar, like putting rice or beans in a sealed Tupperware.

Click on this link for some more At-Home instruments to try:

<https://feltmagnet.com/crafts/Music-Instruments-for-Kids-to-Make>

3. After you've made an instrument, continue with instructions below.
4. SAY: **Worship is anything you do to show God you love Him. You can worship God by playing an instrument or by singing a song. Let's do both of those together now!**
5. Allow kids to shake their instruments and sing along with or repeat after you:

God, You're so good.  
God, You're so good.  
God, You're so good,  
You're so good to me.

6. Sing again or sing another song as time or attention span allows.
7. SAY: **Great job everyone! I know God loves hearing your voices sing songs to Him. When we spend time with God and worship Him, our friendship with Him grows! Let me hear you say this after me:** (pause to allow kids to repeat)

**I Can** (thumbs to chest)  
**Worship** (wave both arms up high)  
**God** (both hands point up)

## FREEZE DANCE

Supplies: music on the TV or a phone

**Worship can look like other things as well, such as dance! So we're going to play a game. When the music turns on, everyone dance and worship Jesus. Then when I pause the music, everyone has to freeze! Let's play!**

1. Put on music to dance too.. You can search youtube for some worship songs
2. Encourage kids to dance and worship while the music is playing
3. Pause the music and watch all the kids freeze!
4. Play a few rounds or until you're ready to move to the next activity



## PSALMIST

Supplies: coloring paper, crayons

Parents, this is a very intentional activity to do with your kids. You may need to sit with them through the whole activity depending on if they can read or write yet. We're going to write psalms! If your child can't write yet, have them draw pictures to go with their answers for each question as you write out their answers on a different sheet of paper. They may need some explanation or help. Feel free to make one yourself!

Ask them these questions:

- What would you like to say to God?
- What's something you want to thank God for?
- What do you need help with?
- What makes you sad?
- Where is God?
- Sing a song to God

After you have their responses to the questions, put them in an order – with praise in the beginning and closing, the tough answers to life's questions in the middle!

## GAME: MEMORY VERSE GAME

Supplies: dice

Roll the number dice or have kids pick a number 1-6. Have kids repeat the memory verse after you, based on what number the die lands on:

1. As fast as they can, just like gingerbread men
2. As quiet as falling snowflakes
3. As slow as a sleepy polar bear
4. In a low, deep voice like a wise, old owl
5. In a squeaky, high-pitched voice like a tiny mouse
6. In a singing voice, like carolers at the ranger station

## POLAR BEAR SAYS

Play this game like "Simon Says" but using the phrase "Polar Bear says...." Instead.

Polar Bear says...

- |                   |                         |
|-------------------|-------------------------|
| - Touch your toes | - Clap hands            |
| - Touch your nose | - Pat knees             |
| - Spin around     | - Stomp feet            |
| - Reach up high   | - Flap arms like an owl |