



Hey Parents!

We have a family lesson that goes along with Harborside's Sunday message. Don't forget to check that out to bring your whole family into deeper conversation about what we're learning as a church family!

Find it on our **Harborside Kids at Home** website under "Sermon Follow Alongs"

Hey Friends!

This series we are talking about friendship with God. The Bible talks a lot about how God wants to be our friend, one of our very best friends. Do you remember some ways we've learned we can grow in friendship with God? (allow time for responses)

Let's go over some!

- I Can Believe God
- I Hear God's Good News
- I Can Celebrate Jesus
- I Can Get Quiet
- I Can Read God's Word

If you build a snowman, can it talk to you? (no)

No way! You could talk to it, but it couldn't talk to you. God wants you to know He is NOT like a snowman. God loves to hear you open up your heart and talk to Him. He listens to you, and He wants to talk to you, too!

Let me hear you say this after me: (pause to allow kids to repeat)

I Can (thumbs to chest)

Open Up (make praying hands)

My Heart (pat heart)

BIBLE STORY

Supplies:

[BIBLE STORY CARDS](#)

- SAY: There was a time when Jesus' friends didn't really know how to talk to God, but Jesus helped them. Let's get quiet and read this story from God's Word together.
- Show and read the Bible Story Cards to the group
- You can also watch the Bible story video here:

[BIBLE STORY VIDEO](#)



MEMORY VERSE

God, (both hands point up)
You are my God. (thumbs to chest)
I want to follow You.” (pretend to pray)

Psalm 63:1
(make book with hands)

GET QUIET AND PRAY

Supplies: coloring page, crayons

COLORING PAGE

God is the safest person to talk too. He loves us and wants us to share our heart with Him about whatever is going on. Let's get quiet and pray!

1. Ask kids questions about each thing Jesus instructed us to pray about. There are four main things Jesus gave us to help us know how to pray, do you remember what they are?
 - o God is our Father and we get to remember how special He is
 - o For God's Kingdom to come to earth. That we tell God we want what He wants because God has perfect plans
 - o We can ask what we need for the day, like food in our bellies!
 - o We can ask God to forgive us for anything we've done wrong and to help us forgive others who hurt us.
2. Pass out to every child a coloring page
3. Let each child pick a spot around the room to get quiet with God
4. SAY: For a few minutes we're going to get quiet and pray to God by ourselves. You can draw your prayers or whatever you want to say to God on your paper. Share your heart with Jesus.

PRAYER WALK

Supplies: prayer walk sheet

If time and weather allows, go outside for a prayer walk. Feel free to lead your kids in prayer for specific things or let the kids come up with ideas of things to prayer for. [Click on this Prayer Scavenger Hunt for ideas below:](#)

[Prayer Walk](#)

MEMORIZE IT

1. SAY: **When we open up our hearts to God, our friendship with Him grows! We've been learning a verse from God's Word that we can say to God any time. Let's review it together.**
2. Demonstrate and have kids repeat the verse several times after you:
 - “**God,** (both hands point up)
 - You are my God.** (thumbs to chest)
 - I want to follow You.”** (pretend to pray)
 - Psalm 63:1** (make book with hands)



P.R.A.Y.

Supplies: outside chalk or paper

Let's play a fun game to help us all the different ways we can pray to God. Either go outside and make a hopscotch or grab some paper to make an indoor hopscotch board. Instead of numbers only, write these four letters on four random blocks in the game: P. R. A. Y.

- If you land on a letter, take time to pray to God in that way
 - P – praise God, thank Him for all He's done
 - R – repent, ask God for forgiveness for bad decisions
 - A – ask, ask God for help or for something on your heart
 - Y – yield, tell God how much you trust Him and His plans

Here are some other helpful resources of ideas to try to teach your kids about prayer:

<https://ministryspark.com/creative-ideas-teaching-kids-prayer/>

<https://www.illustratedministry.com/2017/ways-to-pray-with-kids/>

GAME: MEMORY VERSE GAME

Supplies: dice

Roll the number dice or have kids pick a number 1-6. Have kids repeat the memory verse after you, based on what number the die lands on:

1. As fast as they can, just like gingerbread men
2. As quiet as falling snowflakes
3. As slow as a sleepy polar bear
4. In a low, deep voice like a wise, old owl
5. In a squeaky, high-pitched voice like a tiny mouse
6. In a singing voice, like carolers at the ranger station

POLAR BEAR SAYS

Play this game like "Simon Says" but using the phrase "Polar Bear says...." Instead.

Polar Bear says...

- | | |
|-------------------|-------------------------|
| - Touch your toes | - Clap hands |
| - Touch your nose | - Pat knees |
| - Spin around | - Stomp feet |
| - Reach up high | - Flap arms like an owl |