



BIBLE STORY:

The Sun Stands Still
Joshua 10:1-14

NEED TO KNOW:

Stand Firm and Pray

MEMORY VERSE: (with motions)

Put on (cross arms on chest)
all of God's armor,
(move hands from head to toes)
then you can remain strong
(make muscles with arms)
against the devil's plans
(put fists on hips)

Ephesians 6:11 (make book with hands)

NOTE: links to resource pages are highlighted in [blue](#); click to access

GATHER & SHARE

WHAT TO DO:

- Play a game of Musical Chairs! Set up chairs in the middle of your space facing out but in different directions, with one less than the number of people who are playing. If there are four of you, set up three chairs. The chairs could be back to back or form a triangle if using three chairs.
- Next, turn on some music on a phone or ipad that one person can carry with them and be able to stop and start the music as they play. Or if you have enough people playing, one person could be in charge of the music.
- Someone starts the music and while it is playing, the players walk in a circle around the set of chairs that are set up. When the music stops, the players have to quickly grab a seat. The person left standing is out and play continues after you remove a chair. Continue until there is only one chair and one person wins that round.
- You might consider inviting another family to join you for this fun game.
- Today we're talking about what we should do once we have put on every piece of God's armor. The Bible tells us to stand firm and pray! Say this out loud:

Stand firm (hands on hips)
and pray. (make praying hands)

BIBLE STORY

SUPPLIES:

- [Bible Story Cards](#)

WHAT TO DO:

- There's a story about a man in the Bible who stood firm and prayed. It's in the Old Testament book of Joshua. Read it to find out what happened!
- Read the Bible Story Cards then discuss the following questions.

ASK:

- What did Joshua do when he realized he needed help? He prayed! When we put on all of God's armor we can stand firm and pray about anything, because God is ready to help us.
- What are some things you pray about? How have you seen God answer your prayers?

BIBLE STORY SKIT

- Now that you've read the Bible story, watch the Bible Story Skit online by clicking on [Elementary Bible Story Video](#) on the website.

EVERYDAY HERO CHALLENGE

- After the Bible Story Skit video, complete the **Everyday Hero Challenge** and submit your answer. Complete the challenge and enter to be included in surprise drawings during this series.



MEMORY VERSE

WHAT TO DO:

- Have you memorized the memory verse? Have someone video you saying it from memory and send it to [http://tricia@harborsidechurch.org](mailto:tricia@harborsidechurch.org) !

FAMILY ACTIVITY

SUPPLIES:

- **Taxi Cards** (in your resource bag) or print them from the ones online or look at them online), sticky hand or a small stuffed animal, dice (if looking at them online)

WHAT TO DO:

- If your Taxi Cards are printed, spread them out logo side up so everyone is able to see them. Using the sticky hand, take turns choosing a card. Or if using a small stuffed animal, toss it to land on a card. Read the back of the card to either answer a question or have an action to do.
- If you're looking at them online, you will roll the dice to "choose" a card. Look at the card online based on the number you roll, then scroll to find the matching number that has the question or action. For cards 7 and 8, you must role two times in a row and try to get one of these combinations:

For 7: 1 and 6, 2 and 5, 4 and 3

For 8: 2 and 6, 3 and 5, 4 and 4

SHIELD OF ARMOR

- Add the Praying Hands to your shield this week. You can use the example online – click on "[Everyday Armor Shield](#)" or use the one in your supply bag.
- Keep your shield where you can see it to remind you each day to "put on your armor."



PRAY

- Pray together as a family. Have a place to write down prayer requests that are shared and answered prayers, too.
- Pray that you would put on the armor of God every day, and that He would help you to stand firm and pray anytime, anywhere.

WORSHIP

- Check out the Worship at Home playlist on our page to choose some songs to sing together.