



Memory Verse:  
"Put on all of God's  
armor.

Ephesians 6:11

## NEED TO KNOW

**Put on** (move hands from  
top of body to toes)

**The Helmet of  
Salvation** (tap head)

## Hello Heroes!

God wants you to be an everyday hero when you put on His armor.

**The Helmet of Salvation is part of God's armor that helps us remember that He will always love us.**

Let me hear you say this after me: (Demonstrate, then have them repeat it with you)

**Put On** (move hands from top of body to toes)

**The Helmet of Salvation** (tap head)



**Put on**

(move hands from top of body to toes)



**the Helmet of Salvation**

(tap head)

## READ THE BIBLE

Say: "There's a story in the Bible about when Jesus showed an official how much God loved him. Let's read their story together!"

- Click on the link below or find them on our Harborside Kids Website: [PRESCHOOL BIBLE STORY CARDS](#)
- **Now we need your help finding out who the "Everyday Hero" is this week!** Watch our Bible Story Skits to find out.

### [BIBLE STORY SKIT](#)

- Let us know what hero you met by clicking on the "Everyday Hero Challenge" button with your answer.



### Craft - Helmet of Salvation

**Supplies:** constructions paper, tape, staple

1. Cut out strips of construction paper. You can use the same color or multiple.
2. Tape or staple two of those strips together to form one long one. Measure your child's head to find the right size then tape/staple it so that it fits around their head.
3. You can have your child decorate the remaining strips of paper.
4. After they finish decorating, help your child tape or staple the strips across the top of the helmet, making sure that it's large enough for their head to fit in.

### Color and Reflect

As kids color, ask them some questions and engage with them about what they learned. Invite Holy Spirit to guide your conversation with your child.

#### COLORING SHEET

- Does God ever stop loving us? (No)
- Can we learn about how much God loves us from reading the Bible or a cook book? (Bible)
- How do we know God loves us? (The Bible tells us so!)

### LET'S PRACTICE

**Supplies:** ONLINE CARDS OR PRINT OUT CARDS

1. SAY: Today we are going to keep on our helmets of salvation and remember how much God loves us!
2. SAY: I will show you some pictures and ask you a question. If you think the answer is good or true, you will show me a thumbs up (SHOW a thumbs up). If you think the answer is a trick or lie, you will show me a thumbs down (SHOW a thumbs down).
3. SHOW and READ each **Picture Card**. If online, use the "Truth or Trick Slides" or if doing the paper version, print out the "Truth or Trick Handout" or find the cards in your supply bag. ALLOW kids to respond by showing a thumbs up or thumbs down.
4. CONTINUE until all **Picture Cards** have been shown and say:  
Say: "Great job! When we put on our helmets of salvation, we can stand strong against any lie that our minds start to think about! "



## Sing-Along Songs

Remind kids that they can be heroes by wearing God's Armor every day. Sing "Ten Little Heroes". Hold up fingers as you count in the song, and have kids echo each line after you.

-One little, two little, three little heroes,

-Four little, five little, six little heroes,

-Seven little, eight little, nine little heroes,

-Ten little heroes in my town!

## Declarations

Have kids wear their Helmet of Salvation. If possible, have kids stand up on a step, chair, bed, etc. because we are going to make declarations! **(say declarations and have kids repeat)**

I am powerful

And what I believe changes the world

So today I declare

God is in a good mood

He loves me all the time

Nothing can separate me from His love

Jesus' blood paid for everything

I will tell nations of what He has done

I am important

How He made me is amazing

I was designed for worship

My mouth establishes praise to silence the enemy

Everywhere I go becomes a perfect-health zone

And with God

Nothing is impossible!

**GAME- "HERO SAYS"**

Play by saying the following and allowing the kids to do the motions.

- **Hero says stand up.** (Kids will stand up)
- **Hero says hop up and down.** (Kids will hop)
- **Hero says stomp your feet.** (Kids will stomp feet)
- **Hero says spin around.** (Kids will spin)
- **Hero says reach up high.** (Kids will reach hands high)
- **Hero says sit back down.** (Kids will sit down)
- **Hero says put your hands in your lap.** (Kids will put their hands in their lap)

**MEMORIZE IT**

Say, "When we put on all of God's armor, it makes us strong so that we can stand up to any evil that comes our way. There's a Bible verse that helps me remember to put on God's armor every day.

Let's learn it!

**"Put on all (move hands from top of body to toes)**

**of God's ( point up with both hands)**

**armor." (hands on hips)**

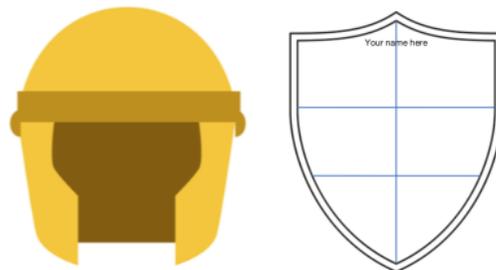
**Ephesians 6:11 (make book with hands)**

Don't forget to mark off every day you practice the memory verse on our **COLORING CALENDAR** .By the end of the series you will have this verse MEMORIZED

**ASSEMBLE YOUR SHIELD**

Hey Parents! At the end of every lesson each week, your child gets to "assemble" the piece of armor we talked about. This means they get to draw that piece of armor on the shield.

**Let's put on the Helmet of Salvation!**



Go ahead and help your kids draw their Helmet of Salvation!

If you need a shield, you can print our **SHIELD TEMPLATE** or draw out a shield in the same fashion we have displayed.

**These shields will be used every week for the entire series so make sure you keep them somewhere safe until next week's lesson. Every HERO needs their own shield.**