

WINNER'S GUIDE

Week 5: March 10—16

HOW TO BLEED HOPE

SHARE (Optional):

Each week we invite one or two people to briefly share their life stories, explaining what has brought them to where they are today. Who would like to share today?

CONNECT:

- What do you think of when you hear the word *hope*?
- What blessings are you hoping for in the next 90 days?

GROW:

Watch Video Clip #1 (approx. 7 min. with intro)

Read Romans 15:13.

Is there anything from this clip or this scripture that convicts you or inspires you? Explain.

Winners Bleed Hope. They breathe hope and are brimming over with hope. It is growing part of who they are. To the surrounding world winners seem to have an unreasonable optimism. Winners look beyond the facts to see the truth.

Why might hope be so foundational to winning the day?

What evidence do we have that reveals God is a God of Hope?

Why should Christians have a whole lot of hope?

Are there areas in your life where you find it hard to have hope? Explain.

Why do you think we can slip into having more confidence in what we have than in what we hope for?

Can you personally relate with this concept right now? Is there anything in your life right now you don't like and yet still cling to? Why?

What makes someone who has hope so powerful?

Read Romans 5:1-10.

What reasons do these scriptures provide for our continual hope?

What is the pathway to hope as described in these verses?

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Watch Video Clip #2 (approx. 8 min)

Is there anything from this clip that convicts you or inspires you? Explain.

Let's spend some time dissecting Kurt's advice for growing more hopeful:

1. Start with yourself.

When you listen to yourself, what do you normally hear yourself saying back to you?

What are some of the promises of God you know off the top of your head?

How can you talk to yourself with the truth of God this week?

2. Believe it and you'll see it.

What makes it difficult to believe the promises of God?

How do you think we can believe something before we can see it?

Do you agree with the idea there is no point to playing the game if you do not think you can win it?

Why?

3. Tell yourself the God stories.

What are some of your favorite God stories both in the Bible and through the testimonies of others?

What makes them favorites? How does the hope in those stories now apply to you?

4. Be the most hopeful person in the room and you will have the most influence.

How have you observed this principle play out in life? Who are some hopeful people you know?

On a scale of 1 to 10, how hopeful would you rate yourself? Why?

MOVE:

Choose one of these four principles that you want to try this week. Share with the group what you will do, how you plan to do it and why.

THINK:

How might dreaming big increase your hope?

PRAY:

Write down prayer requests and answered prayer:
